

# KENSINGTON - TALMADGE

# MetroVIEW

Community Home Journal

MAY/JUNE 2020

FROM THE SAN DIEGO HUMANE SOCIETY



## COVID-19 and Pets

A tiger at the Bronx Zoo tested positive for COVID-19. As our knowledge of this virus evolves, keeping up with the changing news about the coronavirus can be challenging. Now, more than ever, it's important to let science and facts guide our decision making. Despite this case receiving a lot of attention, it doesn't change what we already know about communicability of the virus by or from our pets:

- While both cats and dogs can test positive from what we've seen in Hong Kong and now the Bronx, it is not believed that either can give us COVID-19.
- We, on the other hand, may be able to give it to them. If you're infected with COVID-19, don't cuddle with your pets. There's a risk they could get COVID-19 from you.
- Also, be sure your pet is practicing social distancing from other people and pets right now. For their health, don't let anyone outside of your own household pet your dog or cat.

- The USDA and the CDC have indicated that "Anyone sick with COVID-19 should restrict contact with animals, including pets, out of an abundance of caution — just as they would with other people. When possible, have another member of your household care for your animals while you are sick. Although there have not been reports of pets becoming sick with COVID-19 in the United States, it is still recommended that people sick with COVID-19 limit contact with animals until more information is known about the virus. If a sick person must care for a pet or be around animals, they should wash their hands before and after the interaction."

Our advice has not changed: Keep your pets at home with you—even if you're self-quarantined—because it's the best place for them to be. And be sure to take precautions as outlined by the CDC. For more information about protecting your pets and ensuring their safety during the COVID-19 pandemic, visit our website [sdhumane.org](http://sdhumane.org).



### KENSINGTON! 4721-23 EDGEWARE ROAD

New to the market is this lovingly maintained two unit property consisting of two three bedroom two bath units with a two car garage and alley access! Upgraded and very spacious kitchens with significant cabinetry (one has granite countertops), upgraded bathrooms, very generous bedrooms and each with its own laundry! The yard allows for ample lawn and patio areas for each unit. This property has been in the same family for decades and is in exceptional condition! Perhaps live in one and rent the other, perfect for extended family or strictly investment rental.

**Offered at \$1,399,000**



PRESORTED STD  
U.S. POSTAGE  
PAID  
GREENFIELD, IN  
PERMIT NO. 67

*MetroView is Brought to You By*

*Mike Tristani*

Classic San Diego Homes



## INSIDE:



**CROSSWORD,  
SUDOKU & MORE!**  
Puzzles & Games - Page 4



**DRINKS TO MAKE**  
Food & Spirits  
Pages 8-9



**MARKET VIEW**  
Page 12



**REAL ESTATE 101**  
Page 5



**TRAVEL:  
DESERT ADVENTURES**  
Page 10

**And More!**



# WINNIE'S PICKS!

by Winnie Hanford  
of Kensington Video



## DRIVE (2011)

**Director: Nicolas Winding Refn**

Ryan Gosling is a part-time stunt driver for the movies. To supplement his income and thrill for driving, he is a contract getaway driver for criminal heists. His outward demeanor of little talk and no nonsense conceals a kindness and loyalty for good people, such as the woman and child that live in the next-door apartment. The young woman is raising her child alone while her husband sits in prison waiting for his release. Things soon change from tolerable to horrible when the

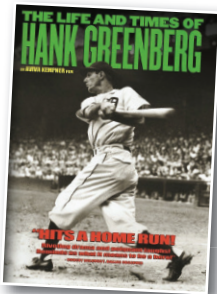


husband is released but must pay his dues to the mob that protected him in prison. This movie is filled with action and several sub-stories that will have you on the edge of your seat. A true Winnie's Pick!

## THE LIFE AND TIMES OF HANK GREENBERG (1998)

**Director: Aviva Kempner**

If you have baseball fever, and you need a really good baseball movie...this is it! Hank Greenberg played for the Detroit Tigers in the 1930s and 1940s. His faith confronted



him with decisions that were not always popular with his team and fans. Honoring his Jewish faith, he sat out on Yom Kippur during a 1934 pennant race. He served during WWII and even upon his release from service, reenlisted in the U.S. Army. He heartily welcomed Jackie Robinson into major league baseball and became a real hero for his field performance and his outstanding character. Hank Greenberg is a hero to us all. This is a must-watch movie.

## CHEF (2014)

**Director: Jon Favreau**

This is one of the best 'food' movies that you will see. Carl is a renowned chef at a top-notch restaurant in Los Angeles. Carl's problem is that he is so innovative and talented in his cuisine that the restaurant's owner constantly clashes with him over classic dishes and Carl's off of the menu cuisine. After some bitter

exchanges and a war of words with a food critic, Carl leaves for Miami with his son and ex-wife to start a new business – a food truck featuring Cuban cuisine. This is a riches to rags to riches story with an ending that brings a smile to everyone's face and a lust for some yummy Cuban dishes. It's another Winnie's Pick!!



## OZARK: SEASONS 1-3 (2017)

**Released on Netflix**

This popular Netflix series takes place in the picturesque Ozarks of Missouri. Marty is a financial wizard whose talents get him involved in a money laundering scheme for a Mexican drug cartel. The family has relocated from Chicago to the Ozarks as part of a strategy for Marty to save his family from termination. He promises to launder the drug money, but little does he suspect the evil

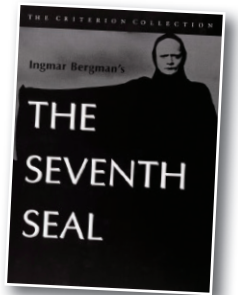


criminal elements he will meet in the Ozarks. This series is cleverly written, very well-acted, and full of surprises that will have you binge watching through the episodes.

## THE SEVENTH SEAL (1957)

**Director: Ingmar Bergman**

A knight returns from the Crusades to his homeland in Denmark. The black death (plague) has consumed all of Europe, and his hometown is no exception to the devastation. In this apocalyptic fantasy, the knight encounters Death in the form of a masked figure dressed in black. The knight challenges Death to a chess game in order to postpone his fate. As the knight and his squire travel the countryside, they see the hysteria and confusion caused by the plague. This seminal work established Bergman as a great international director



*Rich and I are in good health and staying in our home. We wish everyone good health during this crisis.*

*If you need to purchase a film or make a copy of an event or wedding, please call my son, Guy, at 619-269-6998 or email him at kensingtonvideo.com.*

## There are no better words than THANK YOU!

As we have been self contained in our homes over the last several weeks we must acknowledge and appreciate the service of those who have been on the front lines.

**Medical workers** in every capacity have given of themselves with honor and respect for the people they are helping while sacrificing their own well being. My hope is that their workload lessens as time goes on.

**Grocery workers!** Where would we be without them? The first days of the crisis demonstrated a scarcity that certainly shocked and surprised many. As things calmed down a bit and while we settled into a new routine of standing in line, wearing masks and hoping to get in and get out without exposure, the intrepid grocery workers have been there day after day making sure we are able to get our food supply handled.

**Restaurants.** For all of the servers, bartenders, staff and yes, the owners we as a community are hopefully doing what we can to support these businesses while they are technically closed for sit down service. What a blow to this industry. I have made it a point to send some funds to a few of the people we have interacted with at our favorite local spots. I can't imagine what they are going through and kudos to the owners who are taking care of their staffs. For those with take out service, they are providing a vital service to many.

So many other people on the "front lines" are keeping us going by doing their essential jobs. For all of you reading this who are involved in any service or job that "takes care of us" I say to you...

**Thank you!**  
**Thank you!**  
**Thank you!**

You are appreciated!  
Mike Tristani

## MetroView

Is Brought to You by...

*Mike Tristani*

Classic San Diego Homes



**Successfully Selling Metro  
San Diego Since 1979!**



**Mike Tristani**

Direct Line: 619-501-4000

E-mail: mtris@mac.com

Web Site: [www.MetroSanDiego.com](http://www.MetroSanDiego.com)

License: BRE #00713715

**discover**  
PUBLICATIONS  
Become a household name®

6425 Busch Blvd.,  
Columbus, OH 43229  
877.872.3080  
[www.DiscoverPubs.com](http://www.DiscoverPubs.com)

Sudoku, Scrabble, Articles, Etc. distributed by Tribune Media Services.

© Copyright 2020 by  
Discover Publications, Inc. All rights reserved.





# You're Retired. Your Money Isn't.

To learn why consolidating your retirement accounts to Edward Jones makes sense, call my office today.



**David S Tam, AAMS®**  
Financial Advisor  
4134 Adams Avenue Suite 104  
San Diego, CA 92116  
619-521-1343

edwardjones.com  
Member SIPC

**Edward Jones**  
MAKING SENSE OF INVESTING



Give your home  
the protection  
it deserves.

**Bruce Hofbauer, Agent**  
Insurance Lic#: 0C85311  
12396 World Trade Dr.  
San Diego, CA 92128  
Bus: 858-679-2880

Your home is where you make  
some of your best memories,  
and that's worth protecting.  
I'm here to help.

LET'S TALK TODAY.



State Farm Fire and Casualty Company, State Farm General Insurance Company, Bloomington, IL  
State Farm Florida Insurance Company, Winter Haven, FL  
State Farm Lloyds, Richardson, TX

1708136

# SPOTLIGHT YOUR BUSINESS FOR FREE!

Looking for businesses to spotlight in MetroView for free... Home businesses, brick and mortar, it doesn't matter! Get some free publicity in our home journal that is delivered to Kensington, Talmadge, Kensington Park Villas! Send me your info (and a photo if you have one) and we'll make you known!

Call or text Mike Tristani for more details and deadlines. 619-501-4000.



# VILLA & MISSION IMPORTS

OVER 250 DIFFERENT TERRACOTTA TILES -  
MANY COLORS, SHAPES AND SIZES



CUSTOM MATERIALS - INDOOR AND OUTDOOR FOUNTAINS  
COLUMNS • BALUSTERS • TRIMS • FIRE PIST • WALL CAP AND PIER CAPS

## WE WILL WORK TO MAKE YOUR LOOK

- Spanish, French Provincial, Old World, Italian, Mediterranean, Modern, Contemporary or Classical
- Custom Covered Mantals, Fountains and Trim
- Stone: Cantera, Adoquin, Limestone, Travertine, Recinto, Porphyry
- Talavera: Hand Painted Tiles: Non-Lead Available
- Street Numbers and Hand-Painted Plaques
- AutoCAD Provided



1815 MORENA BLVD SAN DIEGO CA 92110  
888-874-8769 | [www.VILLAANDMISSIONIMPORTS.COM](http://www.VILLAANDMISSIONIMPORTS.COM)



# Did You Know?

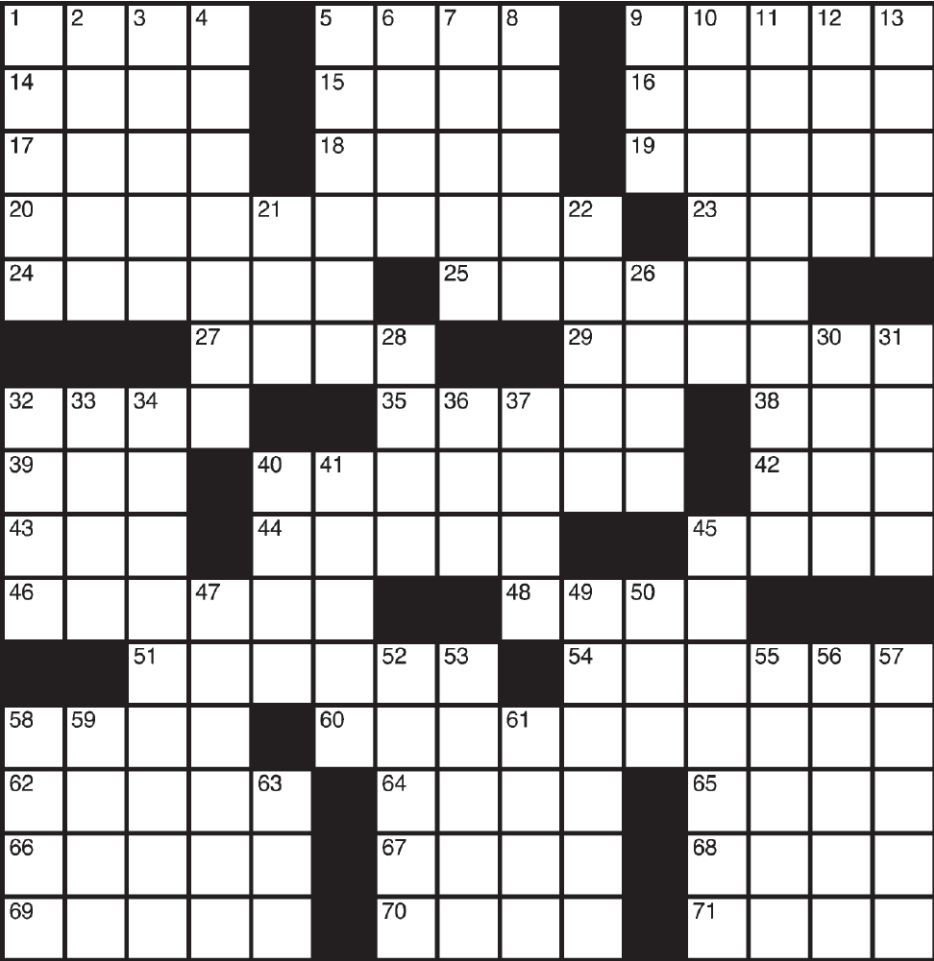
San Diego Humane Society has an  
extensive list of rescue groups on their web site!  
**SDHUMANE.ORG**

Click on "Adopt" tab and then  
"Rescue Partners" tab.  
A long list of rescue groups from Akita Angels  
to Yorkie Rescue will appear!

All of this in addition to the wonderful  
adoptables at the  
**San Diego Humane Society!**



# CROSSWORD PUZZLE



## ACROSS

- 1 Catnip or coriander  
5 Throw in the towel  
9 Former "Idol" judge Paula  
14 Old music halls  
15 Loosen, as laces  
16 Author John le \_\_\_  
17 Out of control  
18 Road in old Rome  
19 Martial arts-based fitness routine  
20 Old West transport  
23 British brew with a red triangle in its logo  
24 "Oops, almost forgot"  
25 Captain Marvel's magic word  
27 Felt sorry about  
29 Workable, as an alternative  
32 Good-and bad-dietary substances  
35 Consumed  
38 Jiffy Lube supply  
39 \_\_\_ Fáil: Irish "stone of destiny"  
40 Trailways, for one  
42 Big fuss  
43 Pennysaver contents  
44 "Family Matters" nerd  
45 Kenton of jazz  
46 Making a cake, say  
48 DVR pioneer  
51 Charlatans

- 54 Shoe polish targets  
58 Molecule part  
60 Having financial freedom ... and, literally, what the last words of the answers to starred clues comprise  
62 Bouquet \_\_\_: chef's tasty bundle  
64 Retail complex  
65 Took a tumble  
66 One sent back down the river?  
67 "Metamorphoses" poet  
68 Russian river  
69 Loses on purpose?  
70 Nickname for José  
71 A great deal

## DOWN

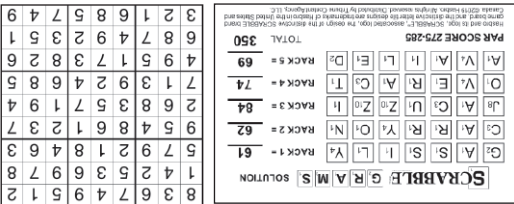
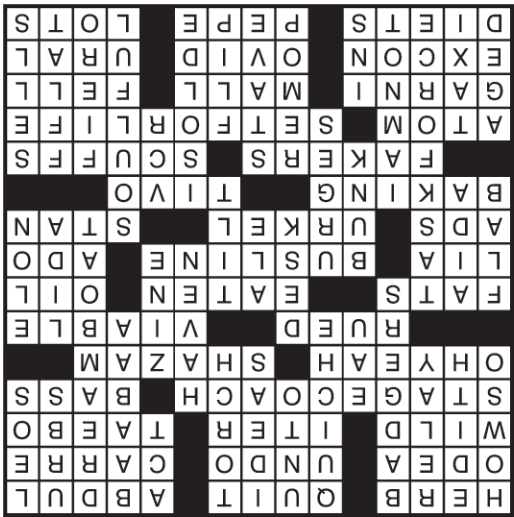
- 1 "In what way?"  
2 Novelist Wharton  
3 Race with batons  
4 Annoys persistently  
5 Pielike brunch serving  
6 Golden rule word  
7 "Any more bright \_\_\_?"  
8 Olympic symbol  
9 Play a part  
10 Words to a black sheep  
11 Handsome guy or gorgeous gal  
12 Metro regions

just for fun

- 13 Many August babies  
21 Water in the Seine  
22 Place of safety  
26 Kindle read, briefly  
28 Furniture with a lock, maybe  
30 "\_\_\_ Rose": "The Music Man" song  
31 North Carolina campus  
32 Personal trainer's target  
33 Verdi princess  
34 Temporary group for a specific job  
36 23-Across, e.g.  
37 Lean  
40 Camp bed  
41 Impulses  
45 Deeply expressive  
47 Emphatic denial  
49 Wagner princess  
50 48-Across ancestor  
52 Swab again  
53 Avoid, with "off"  
55 Sporty '80s Pontiac  
56 Note equivalent to E  
57 Flies off the shelf  
58 Like much whiskey  
59 Prepare for takeoff  
61 Toss of a coin  
63 Elected pols

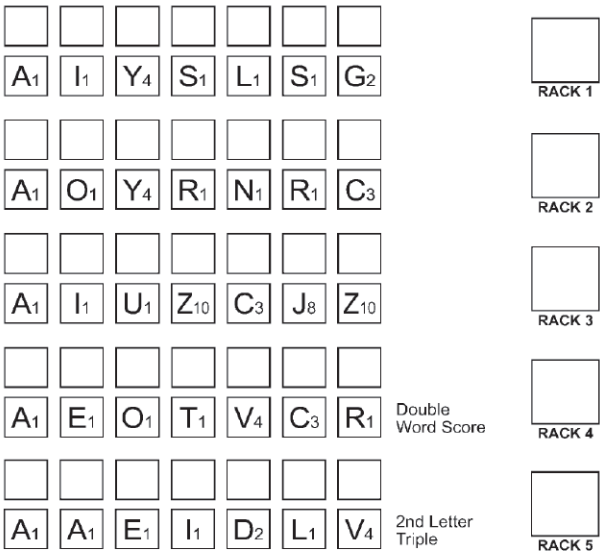
© 2020 Distributed by Tribune Content Agency, LLC.

## PUZZLE answers



## SCRABBLE G R A M S

Hasbro and its logo, SCRABBLE®, associated logo, the design of the distinctive SCRABBLE brand game board, and the distinctive letter tile designs are trademarks of Hasbro in the United States and Canada. ©2019 Hasbro. All rights reserved. Distributed by Tribune Content Agency, LLC.



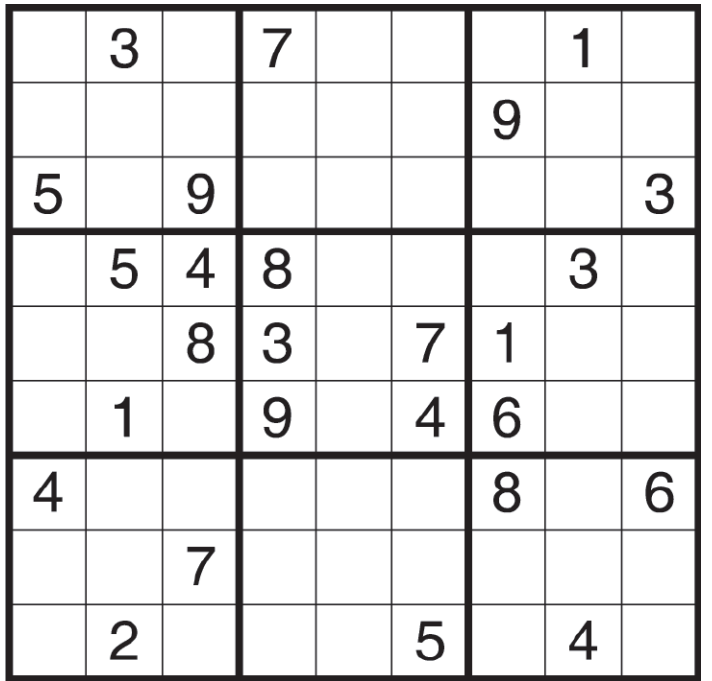
PAR SCORE 275-285  
BEST SCORE 350

**DIRECTIONS:** Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition. **SOLUTION TOMORROW**  
For more information on tournaments and clubs, email [NASPA-North American SCRABBLE Players Association info@scrabbleplayers.org](mailto:NASPA-North American SCRABBLE Players Association info@scrabbleplayers.org). Visit our website-[www.scrabbleplayers.org](http://www.scrabbleplayers.org). For puzzle inquiries contact [scrgrams@gmail.com](mailto:scrgrams@gmail.com)

12-01

## Sudoku

created by Crosswords Ltd.



## Word Search - The Environment



DESTROY  
WASTE  
ECOSYSTEM  
EXTINCT  
ALUMINIUM  
NATURE  
FOREST  
GAS  
SAVE  
TRAFFIC JAM  
ECOLOGY  
SPECIES  
RESUSE  
ENDANGERED  
CONSERVE  
CARBON DIOXIDE  
FACTORIES  
LITTER  
FLOOD  
THROW

## JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

SPEWT



©2017 Tribune Content Agency, LLC  
All Rights Reserved.

FINUY



DANURO



CLOYNO



THAT SCRAMBLED WORD GAME  
by David L. Hoyt and Jeff Knurek



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.



# Q & A WITH MIKE TRISTANI

## Rent Back After Close of Escrow

**Q** I have negotiated a rent back from the buyer in my escrow for 30 days after closing. Should there be a walk through to verify property condition before closing or after I move out?

**A:** Logically it makes more sense to do it after move out to insure that the property is in the same condition as it was during inspections, etc. Per the sales contract the walk through is NOT a contingency of the escrow but doing one before closing would be used to verify any repairs that were to be done were actually done.

**Q:** How much should I pay for the rent back per 30 days?

**A:** Whatever is negotiated between seller and buyer. Typically it is the buyers principal interest taxes and insurance (PITI) prorated on a 30 day basis. Many use this amount because the rent back is an accommodation for the seller and it covers the buyers payment during the period. If not, it could be market rent (in a cash transaction) again as long as both parties agree.



**Q:** Do I have to have a security deposit in escrow in addition to the rent back?

**A:** Again, whatever is negotiated between the parties. My typical reaction to this part of the transaction is to NOT have a security deposit since it is the seller who will remain in the house and one would anticipate that the seller will take care to maintain the property.

**Q:** Who pays utilities during a rent back?

**A:** Seller usually continues to pay all utilities until they vacate, including a gardener.

**Q:** What if something occurs in the house that is not the fault of the seller during the rent back? Who is responsible?

**A:** This is where common

sense should prevail. My take is that if it is clearly not a problem the seller caused then the owner (buyer) should make sure it is taken care of and at their expense. If seller damages something then of course, it is their responsibility to repair. Rent backs are an important component of an escrow for a variety of reasons. If the seller is buying another property, if the buyer is not ready to move in or if the seller needs additional

time just to simply vacate a rent back can be a help to both parties. The rent back should also be in writing. There's a form for that!

*This column is intended to be informational only and is not a substitute for legal advice from an attorney. Please seek appropriate advice when needed.*

**Mike Tristani**  
619-501-4000

YOUR MONEY

Edward Jones

# FINANCIAL FOCUS: CARES ACT OFFERS HELP FOR INVESTORS, SMALL BUSINESSES

by David Tam,  
Edward Jones in Kensington

As we go through the coronavirus crisis, we are all, first and foremost, concerned about the health of our loved ones and communities. But the economic implications of the virus have also weighed heavily on our minds. However, if you're an investor or a business owner, you just got some help from Washington—and it could make a big difference, at least in the short term, for your financial future.

Specifically, the passage of the \$2 trillion Coronavirus Aid, Relief and Economic Security (CARES) Act offers, among other provisions, the following:

**Expanded unemployment benefits** – The CARES Act provides \$250 billion for extended unemployment insurance, expands eligibility and provides workers with an additional \$600 per week for four months, in addition to what state programs pay. The package will also cover the self-employed, independent contractors and “gig economy” workers. Obviously, if your employment has been affected, these benefits can be a lifeline. Furthermore, the benefits could help you avoid liquidating some long-term investments you've earmarked for retirement just to meet your daily cash flow needs.

**Direct payments** – Individuals will receive a one-time payment of up to \$1,200; this amount is reduced for incomes over \$75,000 and eliminated altogether at \$99,000. Joint filers will receive up to \$2,400, which will



be reduced for incomes over \$150,000 and eliminated at \$198,000 for joint filers with no children. Plus, taxpayers with children will receive an extra \$500 for each dependent child under the age of 17. If you don't need this money for an immediate need, you might consider putting it into a low-risk, liquid account as part of an emergency fund.

**No penalty on early withdrawals** – Typically, you'd have to pay a 10% penalty on early withdrawals from IRAs, 401(k)s and similar retirement accounts. Under the CARES Act, this penalty will be waived for individuals

who qualify for COVID-19 relief and/or in plans that allow COVID-19 distributions. Withdrawals will still be taxable, but the taxes can be spread out over three years. Still, you might want to avoid taking early withdrawals, as you'll want to keep your retirement accounts intact as long as possible.

**Suspension of required withdrawals** – Once you turn 72, you'll be required to take withdrawals from your traditional IRA and 401(k). The CARES Act waives these required minimum distributions for 2020. If you're in this age group, but you don't need the money,

you can let your retirement accounts continue growing on a tax-deferred basis.

**Increase of retirement plan loan limit** – Retirement plan investors who qualify for COVID-19 relief can now borrow up to \$100,000 from their accounts, up from \$50,000, provided their plan allows loans. We recommend that you explore other options, such as the direct payments, to bridge the gap on current expenses and if you choose to take a plan loan work with your financial adviser to develop strategies to pay back these funds over time to reduce any long-term impact to your retirement goals.

**Small-business loans** – The CARES Act provides \$349 billion to help small businesses—those with fewer than 500 employees—retain workers and avoid closing up shop. A significant part of this small business relief is the Paycheck Protection Program. This initiative provides federally guaranteed loans to small businesses who maintain payroll during this emergency. Significantly, these loans may be forgiven if borrowers use the loans for payroll and other essential business expenses (such as mortgage interest, rent and utilities) and maintain their payroll during the crisis.

We'll be in a challenging economic environment for some time, but the CARES Act should give us a positive jolt – and brighten our outlook. ■

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*



JULY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4 INDEPENDENCE DAY
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



Mike Twistani  
Classic San Diego Homes

COMPASS

Call Mike direct: (619) 501-4000

www.MetroSanDiego.com

Selling Quality Homes in San Diego's Metro communities



JUNE 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
FATHER'S DAY 28	29	30				



Mike Twistani  
Classic San Diego Homes

COMPASS

Call Mike direct: (619) 501-4000

www.MetroSanDiego.com

Selling Quality Homes in San Diego's

Metro communities



# DAIRY-FREE? PLANT-BASED?

## TIPS TO KEEP EVERYONE HAPPY AT DINNER

While we love getting together with our loved ones, the thought of coming up with a meal that pleases everyone can be a bit intimidating. But with a little prep work, planning and new healthy takes on cooking and baking staples, making meals that satisfy everyone is now a lot easier.

### MAKE EVERYONE HAPPY

The not-so-secret ingredient that brings a rich, creamy taste to any dish—is butter, of course. But when your not-eating-dairy-this-week cousin and more-butter-the-better sister are both coming to dinner, you need to come up with the one dish that makes them both happy. Try swapping out dairy butter for Country Crock® Plant Butter. It tastes like butter, but is dairy-free, plant-based and has less saturated fat than dairy butter. Now everyone’s happy—including you!

### TWIST-UP A CLASSIC

Mashed potatoes without heaps of butter? Never! Create a dinner-time indulgence all your guests can enjoy by adding an extra dollop (or two) of dairy-free Plant Butter. To sneak in some extra veggies, try a twist on the classic, with garlic mashed cauliflower and potatoes.

### VEGGIES ARE NOT JUST FOR VEGANS

Giving your grandmother’s timeless (but let’s be honest—sometimes



tasteless) green bean casserole a dairy-free edge for your vegan guests is great, but who says veggies are for vegans only? Add more shine to your table with a veggie side dish such as roasted Brussels sprouts with a maple balsamic glaze.

### DAIRY-FREE DESSERT

Face it, desserts are the true stars of the table, and where there is a traditional cake, cookie or pie recipe, there’s butter. Sticks of Country Crock® Plant Butter taste, cook and bake like butter, meaning baking

just got easier because you can swap it one-to-one for dairy butter in any recipe. Now you don’t need to give up that time-tested, family favorite recipe in search of a dairy-free dessert! A dairy-free apple cranberry crostata is great for everyone to enjoy after a delicious meal.

Whip up these delicious dishes to make meals that all your loved ones can enjoy. Whether keeping up time-honored traditions or starting new ones, with a little planning and preparation, it’s easy to manage the dietary needs and desires of everyone.

Find these recipes and more ideas at [countrycrock.com/recipes](https://countrycrock.com/recipes). ■

©2020 Brandpoint.



## WOLFGANG PUCK



## ASIAN ASPARAGUS SALAD

### DIRECTIONS

Bring a large pot of salted water to a boil and fill a bowl with ice cubes and water. Meanwhile, use a sharp knife to trim the cut ends of the asparagus; then, with a vegetable peeler, peel the tough skin from the bottom quarter to third of each stalk. Cut the stalks crosswise in half.

Add the asparagus to the boiling water, and cook for 10 seconds. Drain and immediately immerse the asparagus in the ice water. When the asparagus is cold, drain well and set aside.

To make the dressing, put the rice vinegar, white miso, pickled ginger, sugar and soy sauce in a blender. Blend at medium speed. With the machine running, slowly pour in the oil in a steady stream until a smooth, thick but slightly fluid dressing forms. Transfer the dressing to a nonreactive container and set aside.

To assemble the salad, toss the cherry tomatoes with 2 tablespoons of the dressing, adding more as needed to coat them; set aside. Toss the watercress with the olive oil, season lightly with salt, and set aside.

Arrange the asparagus pieces on a chilled platter or individual chilled serving plates and drizzle with some of the remaining dressing. Mound the cherry tomatoes on top. Arrange watercress sprigs and radish slices on top of and around the tomatoes and asparagus. Lightly sprinkle with sansho pepper and garnish, if you like, with edible flower petals. Serve immediately. *Serves 4.* ■

## INGREDIENTS

- 1 bunch jumbo asparagus, about 1 pound
- 1/4 cup unseasoned rice vinegar
- 2 tablespoons white miso
- 2 tablespoons Japanese-style pickled sushi ginger
- 1 1/2 tablespoons sugar
- 1/2 tablespoon soy sauce
- 3/4 cup canola oil
- 1 cup cherry tomatoes, cut in halves
- 1/2 bunch watercress, separated into small sprigs, thick stems discarded
- 2 teaspoons olive oil
- Kosher salt
- 6 red radishes, trimmed and thinly sliced
- Ground sansho pepper (available at Japanese markets), Szechuan pepper or freshly ground black pepper
- 1 package edible pesticide-free organic flowers (available at well-stocked supermarkets)

© 2020 Wolfgang Puck Worldwide, Inc. Distributed by Tribune Content Agency, LLC.



# this month: books about wine

Article courtesy of *Decanter.com*

## IF YOU WANT A MEMOIR... 'CORK DORK' BY BIANCA BOSKER

For an insight into the life of working in the New York wine scene, settle in to Bianca Bosker's *Cork Dork*. A 'highoctane account of her year in the New York wine scene', Bosker was previously an editor at *Huffington Post* before pursuing a career in wine. As a New York Times bestseller, it's got a broad appeal, for both the beginner and the seasoned oenophile.

## IF YOU WANT TO LAUGH AND LEARN... 'RED AND WHITE: AN UNQUENCHABLE THIRST FOR WINE' BY OZ CLARKE

Oz Clarke's *Red and White* marks a slight departure from his previous books. Not just a technical reference book, it's part autobiographical, including Clarke's first venture into the world of wine, but also includes plenty of serious wine content. It's 'full of joie de vivre, wit, opinion and anecdotes,' and it's laugh-out-loud funny at times, said the *Decanter* review.

## IF YOU LOVE CLARET... 'INSIDE BORDEAUX' BY JANE ANSON

As any regular readers of her *Decanter* column will know, Jane Anson has incredible knowledge and access to Bordeaux. Her highly anticipated *Inside Bordeaux* will profile 600 châteaux across the region in exceptional detail. If you're missing the buzz of Bordeaux en primeur this year, this might help see you through—but you'll have to wait a little longer for its official release.

## IF YOU'RE IMPROVING YOUR KNOWLEDGE... 'THE WORLD ATLAS OF WINE' BY HUGH JOHNSON AND JANCIS ROBINSON MW

The eighth edition of the *World Atlas of Wine*



# GREAT WINE BOOKS TO READ WHILE IN SELF-ISOLATION

was released at the end of 2019, and is an essential item on the book shelf of any self-proclaimed wine lover. Written by Jancis Robinson MW and Hugh Johnson, this is the longest edition yet, with 230 maps, 22 of which are new—showing how much the wine world is evolving.

## IF YOU WANT SOME LIGHT RELIEF FROM THE NEWS... 'MONSIEUR PAMPLEMOUSSE' SERIES BY MICHAEL BOND

Best known for creating Paddington Bear, Michael Bond also wrote a series of novels for adults, around a character called Monsieur Pamplemousse—a Michelin inspector who also solved crime, with his canine sidekick 'Pommes Frites'.

A series of culinary adventures are set in France, continually referencing fine wines of Bordeaux, Burgundy, Rhône and more.

## IF YOU'RE LOOKING FOR A NOVEL... 'MY ITALIAN BULLDOZER' BY ALEXANDER MCCALL SMITH

Jane Anson shared some of her favorite novels that manage to effortlessly weave wine into the main story. *My Italian Bulldozer* is a romantic novel set in Tuscany, about a food writer who is traveling to get over a breakup. See Jane Anson's other wine novel suggestions at: [www.decanter.com/wine-news/opinion/news-blogs-anson/best-wine-novels-428013/](http://www.decanter.com/wine-news/opinion/news-blogs-anson/best-wine-novels-428013/). ■

& BEVERAGES

# drinks to make

# "QUARANTINIS" TO DRINK WHILE SOCIAL DISTANCING LET'S FACE IT, WE COULD ALL USE A DRINK.

## THE GIN QUARANTINI



## THE GIN QUARANTINI COURTESY OF GRAY WHALE GIN

- INGREDIENTS**
- 5 parts Gray Whale Gin
  - 1 part dry vermouth
  - 2 dashes orange bitters

## INSTRUCTIONS

Build all ingredients in a shaker tin with ice and shake. Strain into a glass and garnish with a lemon twist.

## JULIA CHILD COURTESY OF NICK VORDERMAN

- INGREDIENTS**
- 1 oz Perry's Tot Navy Strength Gin
  - 2 oz Fino Sherry
  - 1 dash celery bitters
  - Olive

**INSTRUCTIONS**  
Stir ingredients with ice. Strain into a Nick and Nora glass. Garnish with an olive.

## THE JULIA CHILD



## GREEN INTENSITY



- GREEN INTENSITY**
- INGREDIENTS**
- 2.5 oz Absolut Elyx vodka
  - .5 oz simple syrup
  - .5 oz lime juice
  - 4 basil leaves
  - 1 slice jalapeno

**INSTRUCTIONS**  
Place all ingredients into a shaker, then shake and strain into a freshly chilled martini glass. Garnish with thin slice of jalapeno.

## GRAPEFRUIT MARTINI COURTESY OF FARMER'S GIN

- INGREDIENTS**
- 1.5 oz Farmer's Organic Gin
  - 1.5 oz fresh grapefruit juice
  - .25 oz simple syrup
  - 2 rosemary sprigs

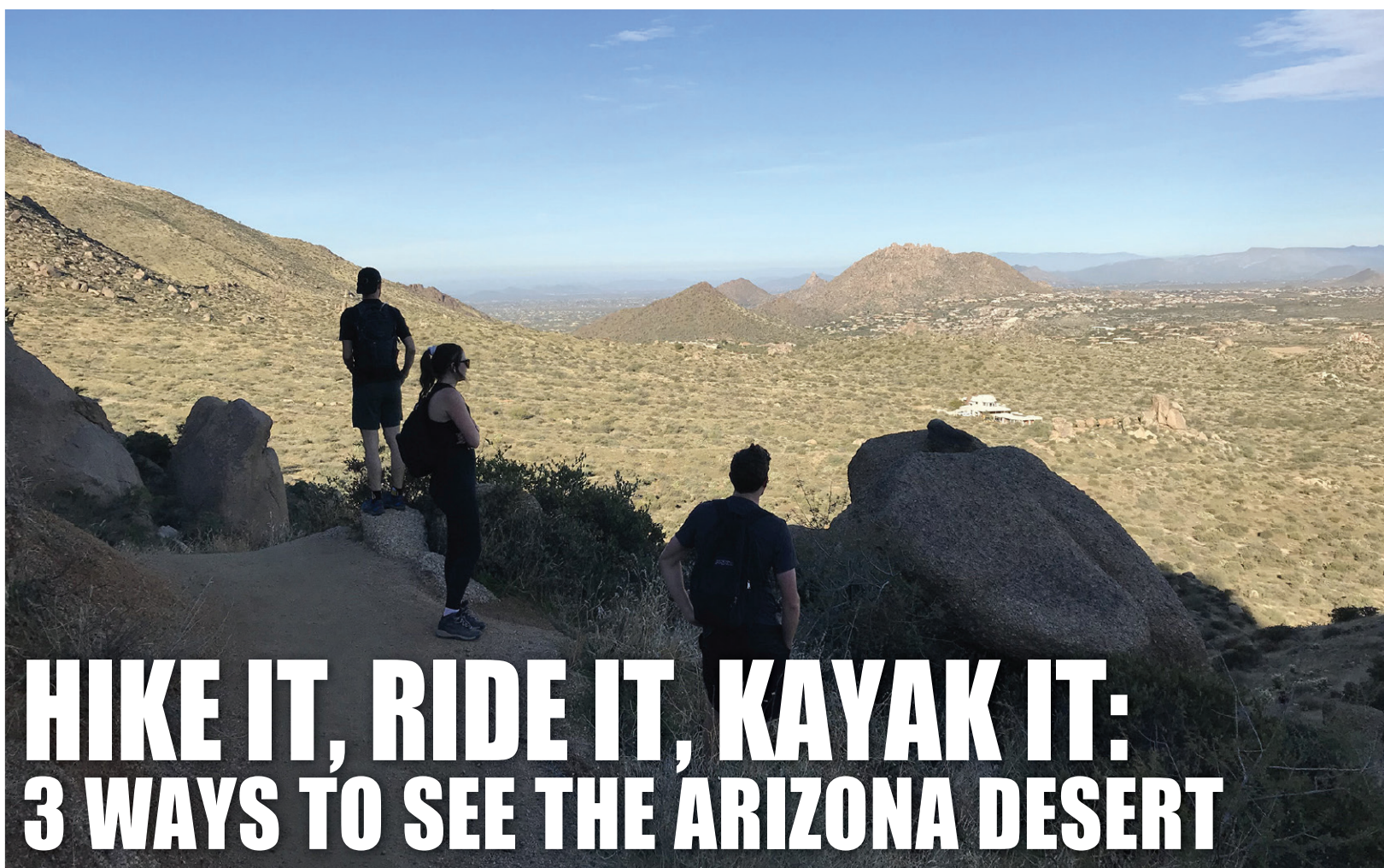
**INSTRUCTIONS**  
Saving 1 sprig of rosemary for garnish, combine all ingredients in a cocktail shaker with ice. Shake until well chilled and double strain into a martini glass. Garnish with a sprig of rosemary.

Article Courtesy of *Town and Country*



## GRAPEFRUIT MARTINI





## HIKE IT, RIDE IT, KAYAK IT: 3 WAYS TO SEE THE ARIZONA DESERT

by Amy Bertrand

What's one thing Arizona has that many places do not have this time of year? Sun. And warm weather and cacti and mountains. In short, a desert climate.

The Sonoran Desert covers much of the southwestern part of the United States and into Mexico. It's known for a variety of vegetation including the majestic saguaro (it's the only place in the world it grows in the wild), prickly pear and organ pipe cactus.

In Scottsdale, a favorite vacation destination known for its golf courses and spas, I set out to explore the desert.

Apparently, exploring the desert is a popular vacation activity. According to the City of Scottsdale Tourism Department's October 2019 visitor statistics, exploring state parks and hiking were among the top 10 activities for visitors.

### HIKING

The cheapest, easiest and most up-close-and-personal way to experience the desert is to walk through it. The McDowell Sonoran Desert Preserve has more than 200 miles of trails on which to do that across 31,000 acres. It is the largest urban preserve in North America, making it 36 times the size of New York's Central Park. The preserve is open from sunrise to sunset, and there is no charge for parking or access at any of the seven major trailheads. You can hike, bike and even ride a horse across the trails.



I hiked both the Gateway and the Tom's Thumb trails. The Gateway Loop, at 3.6 miles, is a great way to take in a variety of cacti and even a few scurrying animals here and there. The trail rose fairly easily, a 625-foot change, along the towering mountains.

The Tom's Thumb trail, a 5-mile loop with some pretty steep climbs (a 1,363-foot change in elevation), is much more difficult. The loose gravel amid giant boulders makes coming down in sneakers tough—OK, a dumb idea. I highly recommend hiking boots. In addition, the docents at the trailhead told me that you start at an elevation higher than the famously difficult Camelback Mountain hike, also in Scottsdale. I'm convinced that made it even harder.

In warmer months, heat is a serious concern, and warnings about water and dehydration are posted. More info: [mcdowellsonoran.org](http://mcdowellsonoran.org).

### BY ATV

It's been many years since I've been on an ATV, and I don't remember ever driving one. Yet, here I was not

only getting ready to hop on an all-terrain vehicle in the middle of the desert, but I was going to let my 15-year-old son do it as well. One of the main reasons: Our guide, Chad Turner, made me feel like I could do anything. He listened to my questions and worries and looked at my son and said, "Does she worry like this about everything?" My son nodded. Turner looked at me and assured me that I would be fine, and so would my son. Just listen to him, follow the rules and have fun. I did all three.

With Turner in the lead, we hopped on our automatic four-wheel ATVs to explore the desert in the Tonto National Forest, which extends over nearly 3 million acres. We went up and down hills and around water and over ruts and through sand washes (through which you have to go really fast) right next to cacti as Turner pointed out features of the area, all with gorgeous mountains around us and sunny skies above.

Stellar Adventures is one of the few tour operators to have permission to operate in the forest. With 900 miles of trails, it's a good idea to have

a guide; all those cacti look a lot alike after a while.

Turner told us some families do the tour, which can differ based on skill level and interest, at the beginning of their vacation and come back more than once because it really is that much fun. I believed him. I'm not sure I've smiled that much in a long time, and moms don't get that many opportunities for great quality time with their teenage sons. Kids 12 and older can drive the ATV. A two-hour ride is \$185, which includes snacks and beverages. Note: the trailhead is about 45 minutes from downtown Scottsdale, and there is no bathroom at the trailhead. **More info:** [Stellaradventures.com](http://Stellaradventures.com).

### BY KAYAK

Kayaking isn't the first thing I thought of when folks at [ExperienceScottsdale.com](http://ExperienceScottsdale.com) suggested it as a way to see the desert. But seeing the mountains, the wildlife and an Indian reservation from an inflatable, "self-bailing" river kayak with my son made for a unique perspective on the desert.

We joined four others along with a guide on an REI Co-Op half-day trip along the Lower Salt River. Depending on water levels, you may kayak a different part of the river. We started near a few class 1 rapids, which made me a bit nervous, but after that it was smooth sailing. Except when I got stuck on the river bottom, which happened a few times. We'd just scoot, push with our oars and ask our tour guide for help.

For a desert, even in December, the riverbanks were surprisingly verdant, standing out even more amazingly among the towering red cliffs. We spotted a bald eagle and several herons but, alas, no wild horses known to run along that stretch of river. Rates start at \$116 and include transportation. **More info:** [destinations.rei.com/arizona](http://destinations.rei.com/arizona).

### WHERE TO STAY

With only 10 rooms, all of them quite different, the Bespoke Inn in Old Scottsdale is one of those special places you always remember. First, the location itself is pretty special. You are within walking distance of some of Scottsdale's best restaurants and galleries as well as the Museum of the West.

The rooms surround a brick-lined courtyard filled with fire pits and cushioned chairs. Guests can relax there, but they are also often full of people waiting for tables at the award-winning Virt—Honest Craft restaurant by chef Gio Osso, a James Beard nominee. The restaurant was recognized as one of the top 20 "Best New

Restaurants in America" by Esquire Magazine in 2013 and was a semifinalist for James Beard's Best New Restaurant award in 2014. We had brunch there, outside of course, one day. I had the most amazing asparagus dish with two ranch duck eggs, feta, bacon candy, foie gras hollandaise and truffle drizzle (\$13).

Though the expertly decorated rooms, each unique and spacious (ours had a loft and full kitchen), are reason enough to book the Bespoke Inn, two extra features are unique. On the roof, you'll find a 43-foot-long infinity lap pool overlooking the courtyard and practically in the treetops. It's both exhilarating and frightening. The other features are the British Pashley bikes lining the walls. Just ask, and guests can grab one to explore the downtown area. **More info:** [bespokeinn.com](http://bespokeinn.com); rates vary greatly depending on season but start as low as \$139 in the summer. ■

©2020 St. Louis Post-Dispatch Distributed by Tribune Content Agency, LLC.



Mike Tristani  
Classic San Diego Homes

COMPASS



WHEN YOU NEED TO KNOW WHAT IS *REALLY* HAPPENING  
IN METRO REAL ESTATE, CALL MIKE TRISTANI!

619-501-4000



# GIVE YOUR FAMILY ROOM A STYLE REFRESH

by Kathryn Weber

Before spring arrives and before winter has left, there's a dull, gray drag of time where your family room can feel heavy and stale. Give it a pre-spring lift with a family room refresh. You don't have to do an all-out redecorating job; just making a few key changes and swaps can breathe new life into your family room's look.

### START AT THE BOTTOM

The first place to start is underfoot. A new rug makes a good beginning for your decor refresh by giving your room a new starting point for style and color. Look at colors in your rug to use as a guide for selecting new accent pieces and accessories.

Find a predominant color that's strong or punchy for accessories for the room, such as toss pillows. Because velvet is still hot, look for a pair of velvet pillows in a new hue to give your room some panache.

### CLIMB THE WALLS

Pump up your room's look by adding new artwork.

A few pieces that tie in with your rug's color scheme can help unify the room. Look for a key statement piece, and then tie in with a pair of prints that you can place at opposite sides of the room. This will help you carry the look throughout the room and give it a pulled together feel.

If you're especially daring, give peel-and-stick wallpaper in a bold print a try. Add it behind your sofa or on a far wall. This helps to draw your eye into the room and give the room depth.

### REARRANGE THE ROOM

One tried and true way for creating a new look in your family room is to move the furniture around. If your sofa is aligned to face the fireplace, turn it perpendicular, or vice versa. For furniture against the walls, pull pieces out into the space using your rug as your anchor.

Try a new arrangement on the mantel. Add prints or pictures on one side of the mantel and prop them against the wall. Add in two or three prints for a layered effect. On the other end of the mantel,



add a grouping of lanterns or candlesticks. Tuck in a few small accessories, such as decorative topiary or wire balls.

### CREATE DEPTH

Just like adding a color to a far wall helps draw your eye into the room and add depth, you can also create depth by adding a tall plant in the corner farthest from the

entrance to the room. This will give your room some much needed greenery and help anchor your eye, making the room feel larger and more welcoming.

Add a large pendant light fixture overhead. Oversized pendants in wicker or rattan are budget friendly and make a whopping design statement. Tuck a small side table next to a chair,

change up your coffee table accessories, and add an inexpensive pouf or pair of soft ottomans next to the coffee table and you'll have a refreshed family room all without breaking the bank or investing in new furniture. ■

©2020 Kathryn Weber  
Distributed by Tribune  
Content Agency, LLC.

FINISH

by Kathryn Weber

Besides the stunning fashion in the hit comedy TV show "The Marvelous Mrs. Maisel," the program features equally squeal- and steal-worthy decorating ideas you'll want to try in your home. It's the mid-century Manhattan apartments of Midge and her parents that vie for your attention with the Emmy-nominated actors who play out their scenes in the fabulous rooms. Here are 10 takeaways from this fun and eye-popping show.

### 1. ADD A DESK IN THE FOYER

Midge's blush and floral-patterned foyer has a desk, chair and tall lamp just inside the front door. It's practical and oh so pretty. Besides a spot to hold note pads and pens, the desk makes an easy spot to sit and put on shoes or apply lipstick before she heads out the door.

### 2. USE A TALL SCREEN

Texture and interest help draw your eye in the living room with a tall, gold room screen in a Chinese print. Placed behind a chair and between two windows, the screen grounds the room and your attention.

### 3. ANCHOR A WINDOW WITH MATCHING TABLES

In Midge's dining room, the opening to the living room is through a pair of French doors. On either side is a pair of shell tables with lamps, adding weight to the wall so that the doors don't dominate.



## 10 STEAL-WORTHY DESIGN IDEAS FROM 'MRS. MAISEL'

### 4. USE A SIDEBOARD OR BUFFET AS A TV STAND IN THE LIVING ROOM

What could make more sense? There's always a need for storage in the living room. A white dresser,

sideboard or buffet makes a great TV stand and could double as a bar.

### 5. ADD STYLISH WALL SCONCES

They're warm, glowing and add a layered lighting effect that

is always gorgeous no matter what decade it is.

### 6. PUT WALLPAPER BEHIND BOOKSHELVES

The wallpaper behind the bookshelves in Midge's apartment

is a pale blue floral. The powder blue and sweet floral design looks light, airy and softens the lines of the shelves.

### 7. ADD A TOUCH OF CHINOISERIE

Midge serves dinner in an all-white dining room. Her white sideboard with brass Chinoiserie-styled pulls and fittings is a classic style that's always current.

### 8. PICK A SHAPELY SOFA

From the curved living room sofa to the red tufted back settee in the lounge, these curvy scene-stealers offer an alluring shape with a sumptuous silhouette. Their plain upholstery is perked up by lots of small floral throw pillows.

### 9. BUY OVERSIZED WHITE LAMPS

These neutral workhorses add light, yet their white color doesn't compete with or take away from the other furnishings or objects in the room. Their distinctive textures and shapes keep them from being bland.

### 10. REMEMBER THAT PASTELS CAN LOOK GROWN UP

In the kitchen, Midge has an array of pastel serving pieces. The foyer features a beautiful blush, floral wallpaper trimmed in powder blue. Far from feeling more fit for a nursery, there's a grown-up quality and elegance to these pastels. ■

©2020 Kathryn Weber  
Distributed by Tribune Content  
Agency, LLC.



619-501-4000 • www.MetroSanDiego.com

## Mike's Recent Market Activity

### The Kensington Collection



#### KENSINGTON!

**4343 Adams Avenue**

Mills Act Property! Significant property tax savings makes it the equivalent of a \$1,475,000 purchase! 4br 3.5 ba Spanish Colonial with detached studio and bath.

**Closed at \$1,605,000**



#### KENSINGTON!

**4737-39 Terrace Drive**

Front house 3br 1.5 ba Rear unit 1br 1ba excellent opportunity to live in front and rent back unit. Both in excellent condition. Large yard & 2 car garage.

**Offered at \$1,249,000**



#### KENSINGTON!

**4252 Alder Drive**

Single story Spanish 3br 3ba plus den! New kitchen, upgrades throughout and a very useable spacious lot/garden. Move in condition!!

**Closed at \$1,464,000**



#### KENSINGTON! - 4721-23 EDGEWARE ROAD

Lovingly maintained two unit property consisting of two three bedroom two bath units with a two car garage and alley access! Upgraded and very spacious kitchens with significant cabinetry (one has granite countertops), upgraded bathrooms, very generous bedrooms and each with its own laundry! The yard allows for ample lawn and patio areas for each unit. This property has been in the same family for decades and is in exceptional condition!

**Offered at \$1,399,000**



**OVER  
\$215,000,000  
IN 92116  
CLOSED CAREER  
SALES!**

*Who will YOU  
call for 92116?*

**KENSINGTON RESIDENT EXPERT!  
OVER ONE HALF BILLION IN CAREER SALES!**



#### TALMADGE!

**4516 Lucille Drive**

Mid Century Classic on a large canyon lot!

**Closed at \$815,000**



#### CORONADO! • 1706 Monterey Avenue

Spectacular Craftsman Styled home on a prominent Coronado point! 5br 6ba and over 4200 square feet!

**Closed at \$4,475,000**

*Represented Buyer*



#### MISSION HILLS!

**3529 Dove Court**

Classic Spanish on a lush canyon lot!

**Closed at \$1,175,000**

*Represented Buyer*

*Check out:*

**MetroSanDiego.com**



Search the entire San Diego Multiple Listing Service for ALL listings in San Diego County!



**MIKE TRISTANI CLASSIC SAN DIEGO HOMES**

If your home is currently listed for sale, please excuse my proactive marketing. It is not my intention to solicit the listings of other brokers.